



Your prescriptions

# Get the most from your medication

Taking your medication as directed helps you stay healthier. These tips can keep you on track.

**Fill your prescriptions on time with ease.** We offer convenient options for filling your medication so you never run out. Choose the one that's right for you.

- **Pick up your refills at any CVS Pharmacy®.** With more than 9,900 locations, it's easy to find one nearby
- **Have refills delivered to your door.** You'll pay just one copay for a 90-day supply with no-cost shipping from CVS Caremark® Mail Service Pharmacy

Want more convenience? Let us manage your refills. Sign up for automatic refills at **Caremark.com** or in our mobile app

**Stick to the schedule prescribed by your doctor.** This helps your medication do its job and prevents hospital visits. Talk to your doctor or pharmacist if you have questions.

**Start a reminder system.** When you fill your prescriptions with CVS Pharmacy or Caremark Mail Service Pharmacy, you can sign up to get refill reminders from us. You can also set an alarm on your mobile device or computer, or write sticky notes to remind yourself.

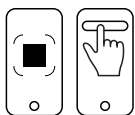


## Experiencing side effects?

Don't stop taking your medication. Call your doctor or talk to a pharmacist.



Learn more at [Caremark.com/OpenEnrollment](https://www.caremark.com/openenrollment) or scan the code.



To scan the QR code:  
Open the camera on your smart phone  
Focus on the QR code  
Tap the link that appears