tr Outcomes
WEIGHT MANAGEMENT PROGRAM

Personalized Care to Achieve *Your Weight Loss Goals*



True Outcomes: Weight Management is a new nutrition and lifestyle program through the True Rx Health Strategists pharmacy benefit plan. This program will combine your GLP-1 medication with a lifestyle program to help you achieve and maintain your weight loss.

GLP-1

Glucagon-like petide-1 (GLP-1) medications help regulate blood sugar, appetite, and digestion, and are FDA approved to be used in conjunction with diet and lifestyle management.

Comprehensive Assessment

Work with a clinical pharmacist and registered dietitian to evaluate your current health, medications and lifestyle.

One-on-One Virtual Visits

Meet with a registered dietitian monthly to get care, coaching and tips that can help you achieve your weight loss goals.

Discover Personalized Support

The True Outcomes: Weight Management program can help you overcome challenges like physical activity, nutrition, restorative sleep, stress management, avoiding harmful substances, and fostering positive social connections.

Enroll in the program today!

Email weightmgmt@truerx.com or call 833-559-8080

True Outcomes: Weight Management is offered by clinical pharmacists and registered dietitians with True Rx Health Strategists, our pharmacy benefits company.

trueRx
HEALTH STRATEGISTS

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